



Media statement

12 April 2017

Rest, revive, refresh

Taking breaks on a long journey could save your life, Road Safety Advisory Council Chair Jim Cox said today.

“More people will be on our roads this Easter, so it’s more important than ever to be attentive when driving. If you’re tired, your attention can wander and in those few seconds a crash can happen.

“The same applies to using your mobile while driving. Don’t be a goose. Leave your phone alone.

“Driving requires 100 percent attention 100 percent of the time. If you’re going on a long journey, have a good night’s sleep. At the first sign of feeling tired, stop, rest and refresh. Share the driving, if possible.

“Drive to the conditions. The weather is changeable and your driving should change with it. Always drive at a speed that’s safe for the weather and road conditions.

“If you drive tired, you won’t be able to concentrate properly. It takes only a moment’s lapse in concentration for a crash to happen.”

Free tea and coffee will be at locations staffed by State Emergency Service volunteers on Monday between 10am and 5pm. Mr Cox urged drivers to take advantage of the service to rest and refresh.

Driver Reviver locations:

- St Peters Pass on the Midland Highway in the south
- The Sidling Lookout on the Tasman Highway in the north-east
- Parramatta Creek on the Bass Highway in the north
- Fossey River on the Murchison Highway in the north-west
- The Franklin River Nature Trail on the Lyell Highway in the south-west.